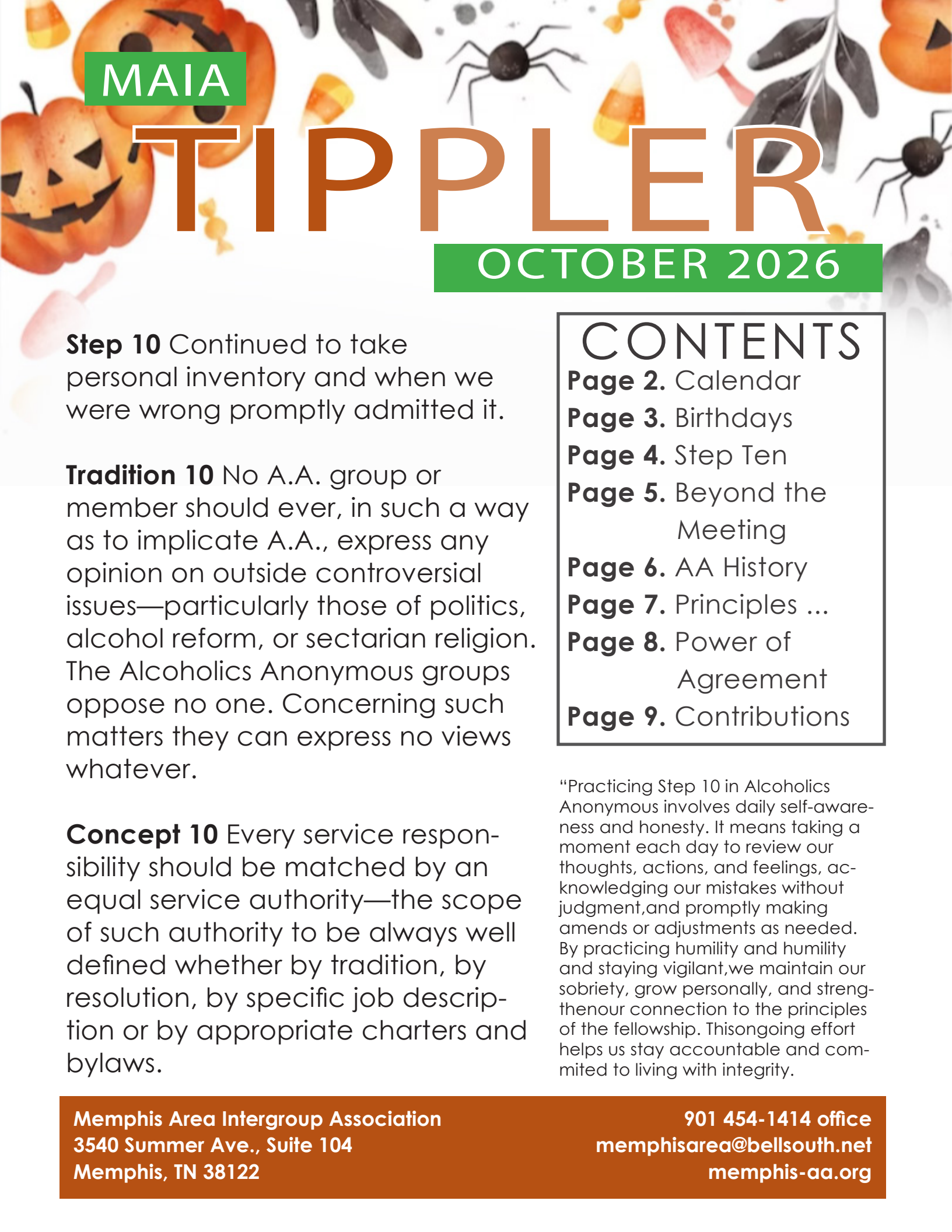




MAIA

# TIPPLER

OCTOBER 2026

**Step 10** Continued to take personal inventory and when we were wrong promptly admitted it.

**Tradition 10** No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

**Concept 10** Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

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“Practicing Step 10 in Alcoholics Anonymous involves daily self-awareness and honesty. It means taking a moment each day to review our thoughts, actions, and feelings, acknowledging our mistakes without judgment, and promptly making amends or adjustments as needed. By practicing humility and humility and staying vigilant, we maintain our sobriety, grow personally, and strengthen our connection to the principles of the fellowship. This ongoing effort helps us stay accountable and committed to living with integrity.

Memphis Area Intergroup Association  
3540 Summer Ave., Suite 104  
Memphis, TN 38122

901 454-1414 office  
[memphisarea@bellsouth.net](mailto:memphisarea@bellsouth.net)  
[memphis-aa.org](http://memphis-aa.org)

# October 2026

| SUN                                                        | MON                                                   | TUE                                                           | WED                                | THU                                    | FRI                                                             | SAT                                                        |
|------------------------------------------------------------|-------------------------------------------------------|---------------------------------------------------------------|------------------------------------|----------------------------------------|-----------------------------------------------------------------|------------------------------------------------------------|
| 27                                                         | 28                                                    | 29                                                            | 30                                 | 1                                      | 2                                                               | 3 12:00-1:00pm<br>District 22<br>9:00-10:00<br>District 24 |
| 4                                                          | 5 6:45-7:45pm<br>Treatment<br>8:00-9pm<br>District 21 | 6 6:45 - 7:45 pm<br>Memphis Area<br>Correctional<br>Committee | 7 6:00 - 7:00<br>pm<br>District 25 | 8                                      | 9                                                               | 10                                                         |
| 11 11:00 am -<br>12:00 pm<br>District 23                   | 12                                                    | 13 6:00 - 7:00 pm<br>Memphis Area<br>Grapevine<br>Committee   | 14                                 | 15 Memphis<br>Bluff City<br>Fellowship | 16 6:45 - 7:45 pm<br>Memphis Area<br>Accessibility<br>Committee | 17 Memphis<br>Bluff City<br>Fellowship                     |
| 18                                                         | 19 6:45 pm - 7:45 pm<br>CPC/PI Committee              | 20                                                            | 21                                 | 22                                     | 23                                                              | 24                                                         |
| 25 3:45 - 5:00 pm<br>Memphis Area<br>Archives<br>Committee | 26                                                    | 27                                                            | 28                                 | 29                                     | 30                                                              | 31                                                         |

## DISTRICT & COMMITTEE MEETINGS

October 3 @ 9:00 am - 10:30 am  
District 24  
Highland Heights Presbyterian Church  
2855 Morning Sun Road  
Lakeland, 38016

October 3 @ 12:00 pm - 1:00 pm  
District 22  
Olympia Steak House  
85 Wilkinsville Rd  
Millington, TN 38053

October 5 @ 6:45 pm - 7:45 pm  
Memphis Treatment  
Committee  
Came to Believe  
2865 Walnut Grove  
Memphis, TN 38111

October 5 @ 8:00 pm - 9:00 pm  
District 21 Committee  
Meeting  
Crosstown Concourse  
1350 Concourse Ave #1072  
Memphis, TN 38104

October 8 @ 6:45 pm - 7:45 pm  
Memphis Area Correctional Committee  
Came to Believe  
2865 Walnut Grove  
Memphis, TN 38111

October 8 @ 6:00 pm - 7:00 pm  
District 25  
Germantown United Methodist Church  
2324 Germantown Road  
Germantown, TN 38138

October 11, 2026  
MAIA IG Rep Meeting  
3638 Macon Road  
Leawood Baptist Church  
at 1:00 PM

October 11 @ 11:00 am - 12:00 pm  
District 23  
Zoom password 847990

October 14 @ 6:00 pm - 7:00 pm  
Memphis Area  
Grapevine Committee  
White Station Church of Christ  
1106 Colonial Rd

October 16 @ 6:45 pm - 7:45 pm  
Accessibility Committee  
2865 Walnut Grove  
Memphis, TN 38111

October 19 @ 6:45 pm - 7:45 pm  
CPC/PI Committee  
Shady Grove Presbyterian Church  
5520 Shady Grov Rd  
Memphis, TN 38120

October 25 @ 3:45 pm - 5:00 pm  
Memphis Area Archives Committee  
Shady Grove Presbyterian Church  
5520 Shady Grove  
Memphis, TN 38120



# MAIA

3540 Summer Avenue  
Suite 104  
Memphis, TN 38122  
901-454-1414

memphisarea@bellsouth.net

MondayFriday: 8 am - 4 pm  
Closed daily from 1pm-2pm

The MAIA Intergroup Representatives business meeting is held on the second Sunday of every month at 1:00 p.m. Please join us on October 11, 2026 at Leawood Baptist Church, 3638 Macon Road, Memphis, TN 38122, or join online platform. Please call or email the office for the meeting ID & passcode.

If you are looking for a new location for meeting space you may contact your Intergroup office for details

## BECOME A HIGH FIVER

Memphis Area Intergroup has been the link between the A.A. recovery community and the newcomer and, even as importantly, with one another since 1960. Many of us are grateful to the office for its helping hand, but have either not known that Intergroup needs our support, or our contributions have been put off due to our new busy and happy lives. "High Fivers" is a way we have found to allow members to show their gratitude by making sure the services provided by the office continues. High Fivers is a program of commitment; we commit to a \$5.00 contribution per month, either monthly, quarterly, or annually. Contact our office with details on the ways with which you can submit your monetary contributions. Intergroup, in return, will send an acknowledgment for your contributions at the end of each calendar year. These contributions are tax deductible. As an expression of gratitude, you will receive a hard copy of this newsletter in the mail each month.

### SCAN TO CONTRIBUTE TO MAIA

The Seventh Tradition states: "Every A.A. group ought to be fully self-supporting, declining outside contributions." While contributions cover each group's rent and other expenses, the Seventh Tradition is essential at every level of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. In keeping with A.A.'s Seventh Tradition of self-support, we accept contributions only from A.A. members.



#### Central Gadens

Anita F. 42 yrs  
Terri M. 13 yrs

#### Unity

Laura H. 2 yr  
Lillian B. 1yr  
Taylor C. 3yrs

#### Everyday People

Madeleine E.  
38 yrs

#### Winchester

Pam S. 23 yrs  
Courtney 20yrs  
Elizabeth 7yrs  
Beth F. 5 yrs

#### Friends of Bill

Perry 37 yrs

#### Out of Towners

Jamey H. 10yrs  
Madison 4 yrs  
Christine W 1 yr

#### SEPTEMBER

#### Traditions

Tim 13 yrs  
Skip 22 yrs  
Ferrol 37yrs

#### 3 LEGGED STOOL

Jack C. 49yrs  
Pat T. 47yrs  
Betsy B. 20 yrs  
Annie U. 12 yrs  
Brianna D. 4yrs  
David K. 4yrs  
Olivia K. 1yr

#### Seriously Sober

Perry P. 37yrs

#### Two Doors Down

Carmen 22yrs  
Stephanie 15yrs  
Stacy W. 12yrs  
Francis B. 12yrs  
Neal M. 7yrs  
Reggie C. 6yrs  
Sk J. 4yrs  
Sterling C. 2yrs  
Tony T. 1 yr





# BEYOND THE MEETING:

*Stories of Service. Strengthening Recovery.*

OUR PRIMARY PURPOSE PODCAST • SEASON TWO



## GSO's *Our Primary Purpose* Podcast Returns

Most A.A. members know the General Service Office exists, but many have only a general idea of what happens there each day. The official GSO podcast, *Our Primary Purpose*, helps bridge that gap.

Alcoholics Anonymous World Services recently announced the release of Season Two of the podcast, featuring eight new episodes that take listeners behind the scenes of the Fellowship's service structure.

Rather than focusing solely on business meetings or committee work, the series shares the stories behind the services that help carry A.A.'s message every day. Listeners will hear conversations about how A.A. cooperates with professionals while maintaining its Tradition of nonaffiliation, explore fifty years of the GSO Archives, discover how the Fellowship reaches alcoholics in diverse communities, and even enjoy a creative radio drama illustrating the Twelve Traditions in action.

Other episodes explore the General Service structure, the Seventh Tradition, accessibility, literature development, and the many ways A.A. continues to reach "anyone, anywhere" who has a desire to stop drinking. Throughout the season, members share personal experience that demonstrates how service not only strengthens the Fellowship, but often deepens individual recovery as well.

Whether you've served as a GSR for years or have simply wondered what happens beyond your home group, *Our Primary Purpose* offers an engaging introduction to the work that supports Alcoholics Anonymous throughout the U.S. and Canada. Episodes are available on the major podcast platforms and can be enjoyed during a commute, walk, or quiet evening at home.



### SIDEBAR: HAVE YOU READ BOX 4-5-9?

While the podcast provides an audio look at the work of the General Service Office, **Box 4-5-9** remains one of the best written resources for staying informed about A.A. service.

Published quarterly by the General Service Office, **Box 4-5-9** includes updates from trustees and GSO departments, news about literature and service activities, reports from around the Fellowship, and a calendar of upcoming events.

It offers members an easy way to stay connected with what's happening beyond the local group while gaining a better understanding of how the General Service Conference, the General Service Board, and A.A. World Services support our common welfare.

**If you've never read an issue, consider making it part of your recovery reading.**

It's an excellent companion to the *Our Primary Purpose* podcast and another way to see how countless trusted servants quietly help carry A.A.'s message every day.

# THIS MONTH IN A.A. HISTORY

\*\*\* OCTOBER \*\*\*

- ◊ **October 1, 1957**—*A. A. Comes of Age: A Brief History of Alcoholics Anonymous* is published.
- ◊ **October 2, 1944**—The National Committee for Education on Alcoholism was formed by Marty M., one of the first women to get sober in A.A. It still exists today as the National Council on Alcoholism and Drug Dependence (NCADD), which provides "education, information, help and hope to the public", according to their website.
- ◊ **October 3, 1945**—*AA Grapevine* was adopted as the official national publication of A.A.
- ◊ **October 5, 1988**—Lois W, Bill W.'s wife and a co-founder of Al-Anon, died at age 97 in Mount Kisco, NY.
- ◊ **October 10, 1988**—Lois was buried next to Bill in Manchester, Vermont, near where he grew up.
- ◊ **October 9th-11th, 1969**— The first World Service meeting was held in New York with delegates from 14 countries.
- ◊ **October 20, 1928**—Bill wrote a promise to Lois in the family Bible to quit drinking. By Thanksgiving he added a second promise.
- ◊ **October 24, 1942**—*L.A. Times* reports there are A.A. groups in 14 California cities.

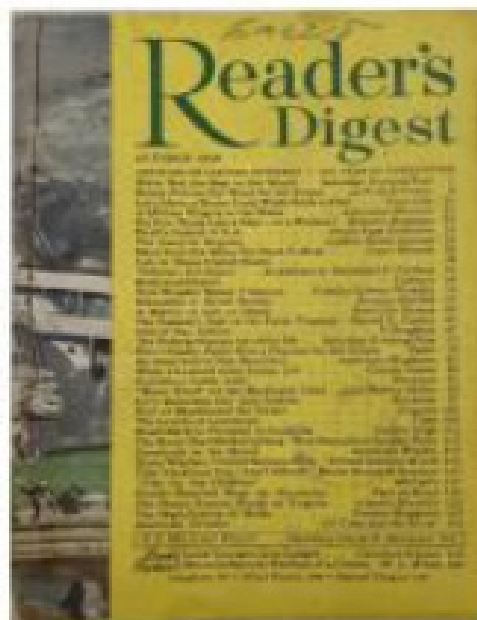
## Other events dates in October:

- ◊ **1950:** *Reader's Digest* publishes an article on A.A.: *Double-Barreled Hope for Alcoholics*.
- ◊ **1951:** Sister Ignatia wrote "*Care of Alcoholics—St. Thomas Hospital & A.A. Started Movement Which Swept Country*", which was published in *Hospital Progress*, the journal of the Catholic Hospital Association.

## Call for Contributions!

*Interviews* would love your A.A.-related:

- Stories, Writings
- Poems, Artwork
- Jokes, A.A. Quips
- History, Trivia



Sister Ignatia  
1889-1966

# Principles are not Flexible

By Staff Writer Rick R. (edited)—September 2020

When I entered the program of Alcoholics Anonymous, I identified with just about everything I had read and heard, and I began to recognize where I went wrong up to that point. I realized that I had no direction in my life, no moral compass to speak of, and that the failure in my personal relationships manifested itself in low self-esteem (self-loathing). I felt inferior, unworthy, disrespected, isolated, unappreciated, disliked, etc. etc. I was going to have to depend on something outside of myself to govern my judgment and my decision-making. One of the first default positions I would take to surrender to these new realities was to concede to the fact that, as an alcoholic, my brain did not process information properly, and that I was going to have to trust in something more reliable. Living by Principles, What a Concept! There are people who believe that if we all lived by one simple principle, we wouldn't need any other laws on this planet, and that principle is The Golden Rule: Do unto others as you would have others do unto you. That simple statement gave me an understanding of how I could begin adopting a value system, based on principles, where I did not have to originate my own rules. While reading a book on economics, the author stated that "a man who lives by principles has 99% of his decisions already made for him". With that in mind, I began to establish a system of principles that are consistent with the AA program, and, I might add, with most of the other successful philosophies of life. I would read the St. Francis Prayer in the 12X12 daily. I attend a step study meeting weekly to reinforce these principles. I try to make sure that I am not modifying these standards to evade the tougher actions. I was complaining about another member of our group one day, to one of my mentors at that time, and he suggested that I try to place principles before personalities. I responded, yes, but I do not agree with his principles. He then said it was not his principles that we are talking about, but that it was my principles that needed to change. We cannot be selective about who and when we apply these values. I must treat everyone with respect

# STEPTENQUICKGUIDE

## Nightly Inventory (End of Day)

- Was I resentful, selfish, dishonest, or afraid?
- Do I owe an apology?
- Did I hide something that should be discussed?
- Was I kind and loving?
- What could I have done better?
- Was I focused on self, or on being helpful?
- Did I seek God's will and pause when agitated?

## Spot Check Inventory (During the Day)

1. Pause — Take a breath.
2. Ask — Am I selfish, dishonest, resentful, or afraid?
3. Turn it Over — Ask God for help.
4. Discuss — Share with sponsor/friend if needed.
5. Amend — Correct any wrong promptly.
6. Re-focus — Think of how to help others.

- ✓ Keep a small notebook or phone note for spot checks.
- ✓ Review at night to see patterns and progress.
- ✓ Share insights with your sponsor or group.



## CONCEPT TEN:

**EVERY SERVICE RESPONSIBILITY SHOULD BE MATCHED BY AN EQUAL SERVICE AUTHORITY, WITH THE SCOPE OF SUCH AUTHORITY WELL DEFINED.**



**BALANCE = UNITY IN ACTION**

**CONCEPT 10 REMINDS US THAT RESPONSIBILITY AND AUTHORITY MUST GO HAND-IN-HAND.**

# The Power of Agreement

## Concept 10: How AA Maintains Unity and Resolves Conflict

Concept 10 of Alcoholics Anonymous (AA) is about how the group handles disputes. It states that every service responsibility should have enough authority to carry it out, and that all disputes should be resolved through discussion, conference, and appeal to the proper boards, rather than through direct actions. In simple terms, it's a principle that guides AA in maintaining unity and order.

### The Problem of Disunity

AA's founders learned early on that disunity could cripple the organization. Without a central authority, AA is a collection of autonomous groups and service entities. This decentralized structure, while essential for the group's spiritual health, can also lead to disagreements. For example, a group might disagree with a service committee over how funds are spent, or a region might have a different view on an issue than the General Service Office (GSO). If these disputes aren't handled properly, they can escalate, leading to groups breaking away or service entities becoming ineffective.

### The Solution: Discussion and Appeal

Concept 10 provides a framework for resolving these conflicts. The key isn't to create a powerful governing body that can dictate solutions. Instead, it's to ensure that disagreements are handled through a process of discussion, conference, and appeal. This process is built on the principle of respectful communication and mutual understanding. \* Discussion: At the local level, groups are encouraged to talk through their problems. This can happen during a business meeting or a special session. The goal is to hear all sides of an issue and find a solution that the majority can agree on.



### Conference

If a local group can't resolve an issue, it can be brought to a higher level, such as the district or area committee. This is where the concept of the General Service Conference comes into play. The Conference is a gathering of delegates from all over the world. It is the spiritual and practical heart of AA's service structure.

### Appeal

If a service entity makes a decision that a group or individual disagrees with, they have the right to appeal that decision to the Conference or another appropriate board. This ensures that no single person or group has absolute authority.

### Empowering Service Positions

Concept 10 also emphasizes that every service responsibility should have enough authority to carry it out. This means that a person serving as a treasurer should have the authority to manage the group's funds. A person serving as a GSR (General Service Representative) should have the authority to represent their group at the district level. This is crucial because it prevents service positions from being powerless and ineffective. Without this authority, people would be reluctant to serve, and the entire service structure would collapse.

### Why This Concept is so Important

Concept 10 is more than just a rule for handling disagreements. It is a reflection of AA's core principles: humility, unity, and a higher power. By encouraging discussion and appeal, AA avoids the trap of authoritarianism. It allows the collective conscience of the group to guide decisions, rather than the will of a few powerful individuals. This approach helps AA remain true to its spiritual mission: to help alcoholics recover from alcoholism.

In a world full of conflict and division, AA's approach to resolving disputes is a testament to the power of shared purpose and mutual respect. It's a reminder that even when we disagree, we can find a way to work together. And that, in the end, is what makes AA's message of hope so powerful.



# MAIA GRATITUDE DINNER

*Grateful For The Journey!*

CAKE

BASKET

AND

SILENT ART AUCTION



## FOOD FELLOWSHIP FUN

A CELEBRATION OF SOBRIETY AND THANKFUL HEARTS



**NOVEMBER 7<sup>TH</sup>**  
**11:30 AM-3:30 PM**



**SPEAKER:**  
**JUDY W.**  
THREE LEGGED STOOL

performance by:

RECOVERY  
REPERTORY  
THEATRE



**\$10 Suggested Contribution**



**WHITE STATION CHURCH OF CHRIST**  
**1106 COLONIAL ROAD 38117**



**EVERYONE WELCOME**  
TOGETHER WE STAY SOBER



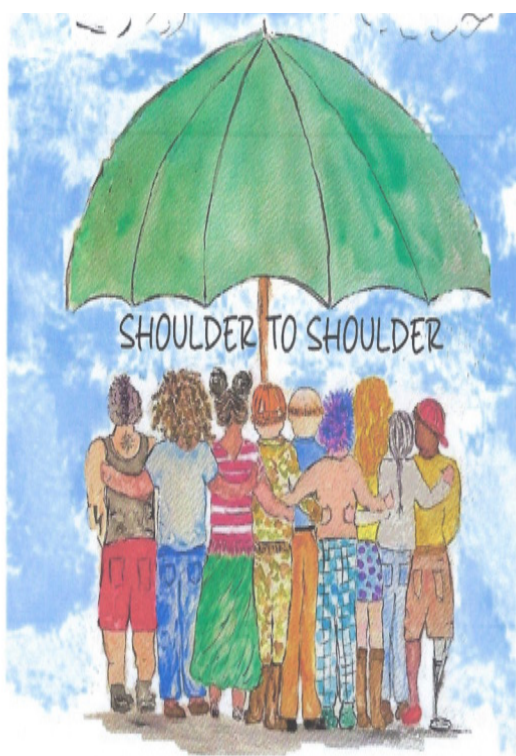
**SHARE THE JOY**  
TOGETHER WE GROW

**SEPTEMBER 2026  
GROUP CONTRIBUTION**

|                                 | SEP 2026 | SEP 2025 (PY) | JAN - SEP, 2026 (YTD) |
|---------------------------------|----------|---------------|-----------------------|
| 26-On Awakening                 | 0.00     | 0.00          | 660.00                |
| Any Length Group                | 0.00     | 0.00          | 155.80                |
| Came to Believe Group           | 0.00     | 0.00          | 300.00                |
| Central Gardens Group           | 0.00     | 0.00          | 450.00                |
| Cherokee Group                  | 0.00     | 0.00          | 100.00                |
| Collierville Group              | 0.00     | 0.00          | 1,284.82              |
| Committee - Archives            | 125.00   | 0.00          | 125.00                |
| Common Solution                 | 200.00   | 0.00          | 200.00                |
| Downtown Nooners N/S            | 0.00     | 0.00          | 50.00                 |
| Downtown Thursday Night Group   | 0.00     | 0.00          | 1,094.11              |
| Earlybird                       | 0.00     | 0.00          | 771.88                |
| Everyday People                 | 0.00     | 0.00          | 20.00                 |
| Friends of Bill W               | 0.00     | 450.00        | 227.44                |
| Germantown Happy                | 0.00     | 0.00          | 1,200.00              |
| Germantown Noon                 | 0.00     | 225.00        | 1,650.00              |
| Grace in the Grove              | 184.09   | 209.40        | 184.09                |
| Holly Springs Group             | 0.00     | 0.00          | 400.00                |
| Hollywood                       | 75.00    | 0.00          | 170.00                |
| Horn Lake                       | 0.00     | 0.00          | 20.00                 |
| How It Works                    | 0.00     | 0.00          | 0.05                  |
| Into Action Midtown             | 67.20    | 0.00          | 151.20                |
| Lakeland                        | 0.00     | 0.00          | 141.23                |
| Men of Recovery                 | 0.00     | 0.00          | 10.75                 |
| Morning Glories                 | 0.00     | 50.83         | 89.00                 |
| Mustard Seed                    | 0.00     | 0.00          | 20.00                 |
| New Start                       | 25.00    | 25.00         | 150.00                |
| Oakland Always Open             | 0.00     | 0.00          | 95.00                 |
| Out-of-Towners Fellowship Group | 150.00   | 0.00          | 150.08                |
| Pleasant Hill                   | 0.00     | 0.00          | 863.32                |
| Primary Purpose                 | 0.00     | 0.00          | 50.00                 |
| Queer Bees and Wanna Bes        | 0.00     | 0.00          | 319.96                |
| Rule-62                         | 0.00     | 0.00          | 175.00                |
| S.O.S.                          | 0.00     | 0.00          | 17.80                 |
| Serenity                        | 0.00     | 0.00          | 550.00                |
| Seriously Sober                 | 0.00     | 0.00          | 770.00                |
| Shady Ladies                    | 450.00   | 400.00        | 1,170.00              |
| Shipwreck                       | 0.00     | 0.00          | 50.00                 |
| Sober Journey                   | 0.00     | 0.00          | 620.00                |
| Solutions Group                 | 0.00     | 0.00          | 840.38                |
| South Memphis                   | 0.00     | 20.00         | 40.00                 |
| Straight Outta Bondage          | 0.00     | 0.00          | 300.00                |
| The Nooner                      | 0.00     | 263.75        | 1,614.83              |
| Three Legged Stool              | 0.00     | 0.00          | 2.80                  |

**SEPTEMBER 2026  
GROUP CONTRIBUTION**

|                               | SEP 2026          | SEP 2025 (PY)     | JAN - SEP, 2026 (YTD) |
|-------------------------------|-------------------|-------------------|-----------------------|
| Traditions                    | 50.00             | 50.00             | 250.00                |
| Triangle Group - Somerville   | 0.00              | 220.00            | 61.50                 |
| Two Doors Down                | 300.00            | 300.00            | 2,400.00              |
| Unity Group                   | 0.00              | 266.43            | 1,459.79              |
| WAAGL                         | 75.00             | 75.00             | 600.00                |
| West Memphis Group            | 0.00              | 0.00              | 20.00                 |
| Whitehaven Morning Sunrisers- | 0.00              | 0.00              | 200.00                |
| Winchester                    | 0.00              | 193.00            | 350.00                |
| <b>TOTAL</b>                  | <b>\$1,701.29</b> | <b>\$2,748.41</b> | <b>\$22,595.83</b>    |



## 52nd MEMPHIS BLUFF CITY FELLOWSHIP

October 15-18, 2026

The Great Hall and Conference Center

1900 Germantown Road

Germantown, TN 38138

Hotel Rooms - Hampton Inn & Suites

1680 Germantown Road

Germantown, TN 38138

901.309.0555

Memphis Area Intergroup Association  
3540 Summer Ave., Suite 104  
Memphis, TN 38122  
901 454-1414 office  
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If you are looking for a new location for meeting space  
you may contact your Intergroup office for details

